



“SweetHEART” – A Hearty Softie

Measurements: Finished Size is approximately 20cm/8 inches tall and 26cm/10 inches wide

Materials

- **BODY:** Fabric of your choice e.g. cotton prints, fleece, velour, linen, wool, basically whatever you fancy!
- **FACE:** Fleshy-coloured felt
- **EYES:** Felt in colour of your choice
- **ARMS:** Fabric of your choice
- Black and Red Embroidery thread
- Ribbon measuring 15cm/6 inches long
- Needles and Pins
- Stuffing

Preparation

- **BODY:** Fold fabric in half and place template so that the side marked “Fold” is lined up with the fold of the fabric. Cut 1 piece for the back and 1 piece for the front (can be different fabrics for front and back if you prefer)
- **FACE:** Cut 1 piece (using folded fabric as above)
- **EYES:** Cut 2 pieces
- **ARMS:** Cut 2 pairs

Notes

1. If you are making this soft toy for a child 3 years and younger, ensure all pieces are sewn securely. Double stitch arms in place and do not include small parts that can be easily removed or chewed off.
2. Note that all pieces already include a seam allowance of 5mm unless otherwise stated.
3. The Template is the correct size, scaled to 100% and will print correctly onto A4 sized paper.

Instructions

Face

1. Stitch **EYES** on to the **FACE** using the stitch of your choice.
2. Using embroidery thread, hand-stitch in eyelashes and mouth.
3. Use the guide on the pattern to position the **FACE** onto the front **BODY** and pin in place. Sew **FACE** onto **BODY** using the stitch of your choice.



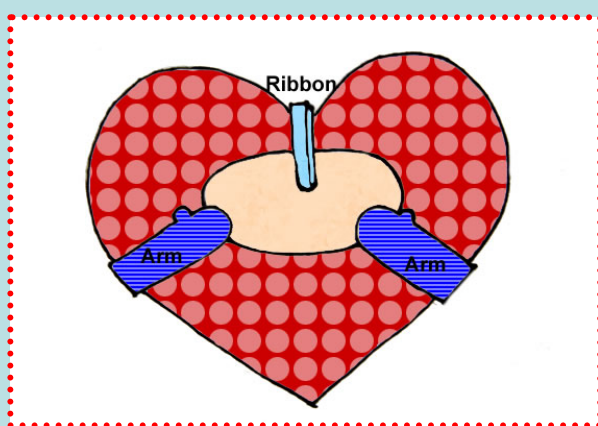
Arms

1. Take one pair of **ARMS** and with right sides facing, sew together around the edges leaving the top open.
2. Turn inside out and press flat.
3. Top-stitch about 3mm inside from the edges.
4. Repeat the above steps with the other **ARM**.

Instructions Continued . . .

Assembling Your Sweetheart

1. Embellish the **BODY** as you wish, using ribbon, lace, trim, buttons, etc – make it as simple or as ornate as you like!
2. Place the completed front piece of your Heart right-side up. Fold the ribbon in half. Position the arms and ribbon as indicated on the diagram below. Use the placement guides on the pattern for reference.



3. Place the back piece of the Heart on top with its right-side facing down and ensure all edges are lined up. Pin in place paying special attention to the ribbon and legs.
4. Sew around the Heart leaving an opening as marked on the pattern.
5. Cut small notches around all curved edges making sure not to cut into the seam. A pair of shearing scissors can achieve this in a short amount of time. Make a snip across the tip of the Heart making sure not to cut into the seam.
6. Turn the Heart right-side out. Use the blunt end of a knitting needle or thin paint brush to gently push out all the curves and corners.

7. Stuffing: Start at the top of the body and move downwards. Use small quantities of stuffing at a time and try to stuff evenly across the body to avoid lumpiness.
8. Hand-sew the opening closed using a ladder stitch.
9. *Optional but highly recommended:* Scribble a note of adoration, attach to your Heart, wrap it up nicely and give to someone you love! ☺

Some ideas . . .

1. *Use different facial expressions and experiment with size and shape of facial features*
2. *Add legs and forgo the arms*
3. *Make the body out of patchwork*
4. *To make it more masculine-looking, skip the eyelashes and add eyebrows & a moustache!*
5. *Insert a small rattle or bell into the softie before sewing it closed.*

Please send any questions or feedback about this document to hello@oneredrobin.com

